




















Entertainment & Activity

LIBURNIA RIVIERA HOTELS



FIT & ACTIVE PROGRAM 11.09. – 20.10.2019. REMISENS HOTEL GIORGIO II

TIME	PON, MON, MON, LUN	UTO, TUE, DIE, MAR	SRI, WED, MITT, MER	ČET, THU, DON, GIO	PET, FRI, FREI, VEN	SUB. SAT, SAB, SAM	NED, SUN, SON, DOM		
14:00 – 14:45	DAY OFF	DAY OFF	CROSS FIT 	HIIT 	CROSS FIT 	HIIT 	CROSS FIT 		
15:00 – 15:45					YOGA 	PILATES 	YOGA 	PILATES 	YOGA 
16:00 – 17:00			NORDIC WALK 	SMOVEY WALK 	NORDIC WALK 	SMOVEY WALK 	NORDIC WALK 		

MJESTO SASTANKA * MEETING POINT * TREFFPUNKT * PUNTO D'INCONTRO = **NORDIC WALK/SMOVEY = RECEPCIJA / RECEPTION**

MJESTOTO SASTANKA * MEETING POINT * TREFFPUNKT * PUNTO D'INCONTRO = **YOGA/PILATES/HIIT/ CROSS FIT = FIT & ACTIVE CLUB**

ACTIVITY INFO: for all our FIT & ACTIVE programmes – **ADVICE !**
Please take your towel & comfortable shoes, sneakers and bottle of water

BESPLATNO / FREE / KOSTENLOS / GRATIS

*Ovaj program može biti podložan promjenama/ This programme can be subject to changes / Änderungen in
Diesem Programm sind Vorbehalten / Ce Programme est sous reserve de modifications*